



# Maryland Park School

## 2021 SCHOOL RE-OPENING PLAN

(Orange Level response to the Pandemic)

Updated February 8<sup>th</sup>, 2021



[www.bsd.ca](http://www.bsd.ca)

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Maryland Park School  
Safe Re-entry Plan 2020-2021

## Contents

Public Health Orders .....	3
Self Monitoring .....	3
Visitors and Volunteers.....	4
Physical Distancing.....	5
Cohorts/Groups .....	5
Outdoor Classroom Space.....	5
Ventilation.....	5
Transportation .....	5
Sanitation/Hygiene protocols .....	6
Personal Protective Equipment .....	7
Cleaning and Disinfecting.....	7
Workplace Health and Safety .....	7
Protocols for sharing equipment & materials.....	8
Managing Shared Spaces .....	8
Managing Suspected Cases of Covid-19 at Maryland Park School .....	9
Student & Staff Screening and Self-Assessment.....	9
What Happens if a Staff Member Exhibits Symptoms? .....	10
What Happens if a Child Exhibits Symptoms? .....	10
Maryland Park Structure for 2020-2021 .....	11
Extra Curricular & Field Trips .....	11
Expectations for regular & special needs programming and attendance .....	11
Supports for Students with Special Needs.....	12
Entrance/Exits, Recess and Lunch Schedule .....	13
Bell Schedule and Routines.....	14
Classes begin at 8:45 a.m. We ask that students arrive as close to that time as possible. Staff outside will help them line up at their designated door. Class ends at 3:20 p.m. Students will leave through their designated doors.....	14
Class Configurations.....	17
Staff and Student Wellness.....	17



## Public Health Orders

All staff and students are expected to stay home if they are feeling ill. Daily self screening and self monitoring is essential to limit to the transmission of COVID 19.

### **Self Monitoring**

Staff will be requested to complete the self screening tool each day. Parents will also be asked to complete the screening tool with their children before sending them to school. For those without access to internet, the questions below will serve as a self-screening tool (as well as the self-screening checklist sent home with each student).

<https://sharedhealthmb.ca/covid19/screening-tool/>

- Do you have any of the following symptoms?
  - Chest pain
  - Severe difficulty breathing
  - Confusion
  - Extreme drowsiness
  - Loss of Consciousness
- Do you have shortness of breath at rest or difficulty breathing when lying down?
- Do you have a new onset of any of the following symptoms?
  - Cough
  - Fever
  - Chills
  - Sore throat/Hoarse voice
  - Shortness of breath
  - Loss of taste or smell
  - Vomiting or diarrhea for more than 24 hours
- Do you have a new onset of two or more of the following symptoms?
  - Runny nose
  - Muscle aches
  - Fatigue
  - Conjunctivitis/Pink eye
  - Headache
  - Skin rash of unknown cause
  - Nausea/Loss of appetite

- Have you been in contact with someone over the last 14 days with someone that is confirmed to have Covid-19?
- Have you had laboratory exposure while working directly with specimens known to contain Covid-19?
- Have you been in a setting in the last 14 days that has been identified by Public Health as a risk for acquiring Covid-19 such as on a flight, at a workplace with a cluster of cases or at an event?
- Have you travelled outside of MB in the last 14 days excluding travel to Western Canada, Territories or Ontario west of Terrace Bay?
- If the answer is 'yes' to any of the above questions, the person will not be permitted to enter the building.

Additional Covid-19 Links: <https://manitoba.ca/covid19/updates/about.html>

[https://www.edu.gov.mb.ca/k12/covid/docs/ga\\_welcome\\_back\\_combined.pdf](https://www.edu.gov.mb.ca/k12/covid/docs/ga_welcome_back_combined.pdf) (Nov 3<sup>rd</sup>)

### Visitors and Volunteers

Visitors are permitted at schools, but visits will be minimized to the greatest extent possible in the following ways:

- Use of online communication (Teams, SeeSaw, Email), video, and telephone to interact with our families, where possible, rather than in person.
- Prioritizing visits from people who:
  - Are supporting our implementation of public health measures (health care providers, maintenance, etc.)
  - Are responsible for planning and programming of student learning (parents, caregivers, clinicians, community agency members, volunteers)
- Visitors are asked to book appointments if they wish to meet with someone in the school.

Other considerations regarding visitors include:

- Visitors with any symptoms consistent with COVID-19 should not enter the school.
- All visitors and volunteers and division staff must adhere to self-screening, physical distancing, recommended hygiene practices.
- Schools are required to keep a list of all visitors.
- Community use of schools will be suspended.
- YMCA - Before and After School programs.
  - Physical distancing and hand sanitization measures will be practiced as students enter the building.
  - We work with program coordinators to determine the safest way for students to travel between their classrooms and the gyms.
  - We work with program coordinators to ensure the appropriate cleaning protocols are followed.

## **Physical Distancing**

The following measures will be taken to ensure physical distancing:

- Classroom spaces will be arranged to encourage the recommended minimum separation of 2 metre and / or to the greatest extent possible.
- Multiple entrances will be used for cohorts
- Close greetings will be avoided (e.g., hugs, handshakes).
- Assemblies and gatherings will not take place at this time
- Fire drills and lock-down requirements will be done at the classroom level only
- School activities will take place outdoors when possible

## **Cohorts/Groups**

While students will interact with different people away from school, Maryland Park will be using cohorts to limit exposure and facilitate contact tracing if a case of COVID-19 is identified. The purpose of cohorts is to limit the mixing of students so that, if a child or employee develops an infection, there are fewer possible exposures and contact tracing can be more easily done.

Children will be kept together within their class, in the same cohort throughout the day, as much as possible. Locations of classrooms and use of additional space will be considered to facilitate physical distancing of six feet or 2 metres.

## **Outdoor Classroom Space**

Physical Education classes will take place in our gymnasium and outside in a designated area of the playground. There will be outdoor classroom spaces for regular classroom use when the weather permits.

## **Ventilation**

As a new school, the air quality and circulation equipment has been flushed, checked, and will be monitored regularly.

## **Transportation**

Recommended options include:

- Parents transporting their own children to and from school whenever possible.
- Active transportation – walking and biking.

Students will:

- Will practice physical distancing and sanitization
- Will enter and exit from their designated doors.
- For more information, refer to the Guidelines for Transportation to Schools at:  
<https://www.edu.gov.mb.ca/k12/covid/reopening/transportation.html>.

## Sanitation/Hygiene protocols

Handwashing with soap and water for at least 20 seconds is the recommended hand hygiene practice. Students and staff must engage in frequent hand hygiene, including but not limited to the following times:

- at the start of the day and before going home
- before and after recess
- after going to the washroom and helping children with washroom routines
- after a diaper change (both children and staff)
- before and after preparing food
- before eating/drinking
- after getting hands dirty or if they have become contaminated
- after wiping nose or handling dirty tissues
- after coughing, sneezing, or blowing nose
- after soothing a crying child
- before and after putting on and taking off a mask
- before and after being on a bus
- after cleaning tasks (staff)

School staff will help students to ensure handwashing is done correctly by showing the videos below. Videos will be reviewed regularly by classroom teachers.

- For Younger Students
  - <https://www.canada.ca/en/public-health/services/video/covid-19-hand-washing-heroes-dv.html>
- For Older Students
  - <https://www.canada.ca/en/public-health/services/video/covid-19-hand-washing.html>
  - <https://www.youtube.com/watch?v=lisgnbMfKvI>

Respiratory etiquette will also be taught and modelled, as well as reinforced regularly. This includes:

- coughing and sneezing into a tissue or sleeve
- properly and promptly disposing of any used tissues
- exercising proper hand hygiene.
- avoid touching one's mouth, nose, or eyes
- personal items can not be shared (hats, hair accessories, lip balm, food/drinks)

Signage will be posted and highly visible in all washrooms and above each classroom sink. Resources are available below should parents choose to review at home as well.

- <https://www.gov.mb.ca/covid19/resources/index.html>
- <https://sharedhealthmb.ca/covid19/providers/posters/>

Water fountains will not be used, but water bottle filling stations will be active to re-fill reusable water bottles. If possible, students are asked to bring a filled water bottle to school each day.

### **Personal Protective Equipment**

Measures include:

- Students in grades 4 and up (as well as 3/4 classes), classroom teachers, staff, visitors and volunteers are required to wear non-medical grade masks.
- Teachers who move between classes for instruction are required to wear a medical mask.
- Students in grades K-3 are also encouraged to wear masks.
- All school bus passengers and the driver are required to wear a non-medical grade masks. These should be put on before loading and taken off after offloading if removal is appropriate for the setting.
- Masks will be provided to students and staff who need them.
- Inventory will be monitored to ensure adequate supply.
- Teachers will review with their students how to properly put on and remove a face mask using the following link: <https://www.gov.mb.ca/covid19/prepareandprevent/index.html>

### **Cleaning and Disinfecting**

Custodial staff will:

- Disinfect commonly touched surfaces regularly (e.g., doorknobs, light switches, chairs, desks)
- Increase monitoring of hand-cleaning supplies to ensure an ample supply at all sinks in washrooms and classrooms
- Ensure washrooms and lunchrooms are cleaned/disinfected frequently (at least twice daily, and more often as needed). Use of these facilities will be staggered.

Staff and students will be required to disinfect:

- Electronic devices including photocopiers, printers, laptops, keyboards, mice, monitors and touchscreens, chairs, desks, art supplies, toys, games, gym equipment, tools, and equipment in between uses
- Each classroom will be provided with disinfecting spray, as well as cloths.

### **Workplace Health and Safety**

The safety and health of students and staff is our number one priority as we develop the plans for in-class learning in our schools. Manitoba Public Health advises the best defense against the spread of COVID-19 is:

- self screening;
- frequent handwashing;
- physical distancing;
- wearing a mask when physical distancing is not possible;
- staying home when sick.

### **Protocols for sharing equipment & materials**

After each use, the following equipment will be disinfected by students and/or staff:

- computers, laptops, and other tech devices
- photocopiers
- gym and music equipment if shared between classes

Appropriate training and supplies will be provided to staff and students to disinfect equipment:

- A soft cloth and sanitizing spray will be located on each computer cart and in each class
- A soft cloth and sanitizer cloths will be replaced after each classroom use
- Sanitizing spray will be placed at the photocopiers to be used after each use.

All classrooms will have individualized sets of recess equipment.

### **Managing Shared Spaces**

#### **Library**

- Books returned will be set aside for three days to ensure lack of transmission.

#### **Music**

- Our music teachers will come to each individual classroom for music instruction.
- Music equipment will be stored separately from other equipment and will be disinfected in between use.

#### **Physical Education**

- Gym classes may take place outside.
- The Maryland Park School gym is available and can accommodate 2 classes while meeting distance requirements.
- Students will not be changing for Physical Education classes at this time.

#### **Support Teachers and Clinical Interventions**

Support teachers' offices may be used, depending on the needs of the students. All spaces and materials will be cleaned between student sessions. Physical distancing will be maintained and proper PPE will be worn during each session.

- Reading Recovery
  - Will be provided in the Reading Recovery in our literacy space
- Academic Support
  - Teachers will provide support in the classroom
- Resource
  - Support will be provided mainly in classroom
  - Student Specific Programming will take place in our Student Service Learning Space



- Achievement testing specific individualized supports will be provided in the Resource Teacher's office
- Counsellor
  - Social-Emotional programming will be provided in the classroom
  - Individual counselling will be done in the Student Services Learning Space
- Speech Language Pathologist, Psychologist, and Social Worker
  - Testing and individual supports will be provided in the Divisional Learning Space

### **Hallways**

- Hallways are clearly marked with "physical distancing" signage and "keep to the right" signage.
- This expectation will be modeled, taught, and reinforced on a daily basis.
- Will be kept clear except for the movement of students between learning spaces.
- Hallways will be kept clear of classroom furnishings.

### **Washrooms**

- Staff will ensure that only one student leaves the classroom at a time to use the washroom. Students will sign out and in to monitor bathroom use.
- Students will use the washroom closest to their classroom.
- Students will have the option to use the universally accessible washroom

## **Managing Suspected Cases of Covid-19 at Maryland Park School**

### **Student & Staff Screening and Self-Assessment**

Students and staff members must be in good health to attend work. Before leaving for the school all parents/guardians and staff are to use the [Manitoba Health COVID-19 Screening Tool](#), using the following guidelines:

If a student or staff shows any COVID-19 symptoms they should remain at home.

If a person in the household has been diagnosed with COVID-19, is in close contact with anyone diagnosed with COVID-19, or if anyone in the household has travelled outside Manitoba in the previous 14 days (outside of areas excluded by public health orders, which currently exclude locations in Western Canada, the territories, and Ontario west of Terrace Bay), they are required to consult with Health Links and may be required to self-isolate prior to attending school.

**NO** COVID-19 related screening (including physical examination, temperature taking, etc.) will be conducted by employees of the Brandon School Division on students, staff, or visitors entering a public school facility.

Staff may be required to assist a student with self-screening if the child requests it or discloses that the parent/guardian was not able to conduct a screening that day. Otherwise, staff are not to screen any students.

### **What Happens if a Staff Member Exhibits Symptoms?**

If a staff member or volunteer in our school is exhibiting symptoms, they will:

- immediately isolate themselves from other staff and children
- notify the principal/vice-principal
- go home to isolate, leaving from the closest exit
- contact the office and enter their absence in Atrieve for a substitute to be secured.
- Unless tested for COVID -19, the staff must isolate 10 days following the onset of symptoms and can stop isolation on day 10 if they have been symptom free for 24 hours.
- contact Health Links – Info Santé (204-788-8200 or 1-888-315- 9257) or their health care provider for direction.

Our head custodian will be notified so that additional environmental cleaning will occur in that space. The focus will be on high-touch areas and areas where the staff or volunteer spent time.

### **If sick or self-isolating:**

- Staff must follow the Division’s human resources procedures and collective agreement provisions.
- Medical notes are not required for staff who have COVID- 19 or flu-related symptoms, or for those who are caring for individuals in this situation.
- a sick staff member can return to work once it has been determined that it is safe to do so by their healthcare provider or public health.
- If that staff member has a positive test, further direction will be provided by public health.

### **What Happens if a Child Exhibits Symptoms?**

If a student in our school exhibits symptoms:

- the supervising teacher will contact the office
- a staff member will accompany the child to our isolation room
- Isolation room will be monitored by staff
- Parents will be contacted immediately, so that they can pick up their child.
- a staff member will remain with the student while practicing physical distancing and observing all COVID protocols.
- masks will always be worn by staff and students in the isolation room.
- our head custodian will be notified so that additional environmental cleaning will occur in that space. The focus will be on high-touch areas and areas where the student spent time.
- The student’s classroom area will be sanitized.
- Unless tested for COVID -19, the child must isolate 10 days following the onset of symptoms and can stop isolation on day 10 if they have been symptom free for 24 hours.

Parents should then contact Health Links – Info Santé (204-788-8200 or 1-888-315- 9257) or their health care provider for direction.

### **Maryland Park Structure for 2020-2021**

#### **Extra Curricular & Field Trips**

Extra curricular activities and field trips have an increased level of risk. Therefore, each activity will be assessed on an individual basis ensuring they follow Manitoba's Restoring Safe Schools guidelines.

Special food day programs will not begin until further notice. We will work closely with our Parent Council to address any concerns brought forward from the school community.

#### **Expectations for regular & special needs programming and attendance**

Students are expected back to school for all programming for the 2020-2021 school year unless otherwise directed by the Province of Manitoba.

Remote learning will be in place for students who are medically advised not to return to in-class learning due to COVID-19 related risk factors. These situations should be rare and limited to children with compromised immune systems or other medical conditions that increase their risk. Parents and caregivers must consult with physicians on the need for an accommodation and provide a written note from their doctor documenting this requirement.

Individualized programming for students with special learning needs will be provided in the regular classroom as much as possible. Individualized learning resources and materials will be student specific as much as possible.

There are unique challenges experienced by students with special learning needs during this time and additional supports may be required. This includes:

- considering changes in the school environment and/or remote learning needs when reviewing and updating Individual Education Plans (IEPs).
- creating congregated classrooms as a temporary COVID-19 response measure for students' special learning needs in order to offer regular, everyday timetabling.
- considering additional planning for students with special learning needs to support a smoother transition to school.
- safely supporting the return of medically fragile students by consulting with local public health authorities on any new risk factors for the student, implementing staff training, and potentially continuing remote learning where return is not possible.
- accommodating the needs of students who require significant personal support, including considering options for personal protective equipment for both staff and students (please

refer to Guidelines on Supporting Students Who Require Interventions or Supports that Cannot be Delivered from a Distance).

- considering alternate attendance options for students, depending on their needs.

### **Blended Learning**

- Students will be asked to stay home if they display any symptoms and as a result, we are confident there will be higher student absenteeism. Therefore, the need for remote learning remains for students who are medically advised to participate in-class learning due to COVID-19 related risk factors. Staff are to design units and lessons to provide the rich learning experience for in-class learning while designing activities for the critical outcomes in such a way that they can be delivered either in-class or remotely.
- Families without internet access, can sign out a handheld portable router with restrictions on non-educational sites and applications.
- Families with limited technology can sign out laptops.

### **Supports for Students with Special Needs**

There are unique challenges experienced by students with special learning needs during this time and additional supports may be required. This includes

- considering changes in the school environment and/or remote learning needs when reviewing and updating Individual Education Plans (IEPs)
- creating congregated classrooms as a temporary COVID-19 response measure for students' special learning needs in order to offer regular, everyday timetabling
- considering additional planning for students with special learning needs to support a smoother transition to school
- safely supporting the return of medically fragile students by consulting with local public health authorities on any new risk factors for the student, implementing staff training, and potentially continuing remote learning where return is not possible
- accommodating the needs of students who require significant personal support, including considering options for personal protective equipment for both staff and students (please refer to [https://www.edu.gov.mb.ca/k12/covid/reopening/supports\\_non\\_distance.html](https://www.edu.gov.mb.ca/k12/covid/reopening/supports_non_distance.html))

Considering alternate attendance options for students, depending on their needs

Manitoba Education continues to work with the Department of Families and education stakeholders to further develop guidance and support for students with special needs and students at risk. For more information, please visit:

<https://www.edu.gov.mb.ca/k12/covid/support/rssn.html>

## Entrance/Exits, Recess and Lunch Schedule

Teacher & Room #	Exit Door	Morning Recess		Lunch		Afternoon Recess	
		Group 1 9:45-10:00	Group 2 10:15-10:30	11:30-12:00	12:00-12:30	Group 1 1:35-1:50	Group 2 2:05-2:20
K Rome Room 114	East	•		eat	Outside	•	
K Morrison Room 108	East	•		eat	Outside	•	
K Stewart Room 116	East		•	outside	Eat		•
1 Denbow Room 117	East		•	outside	Eat		•
1 Carriere Room 139.1	South 2		•	outside	Eat		•
1 Forster Room 139.2	South 2		•	outside	Eat		•
2 Bowslaugh Room 146	Main Front		•	outside	Eat		•
2 Laluk Room 147	Main Front	•		eat	Outside	•	
2 Kinney Room 145	Main front	•		eat	Outside	•	
3 Askham Room 226	South 1	•		eat	Outside	•	
3 Conroy Room 227	South 1		•	outside	Eat		•
3 Salmon Room 228	South 1		•	outside	Eat		•
4 Gray Room 230	South 1		•	outside	Eat		•
4 Patsack Room 229	South 1	•		eat	Outside	•	
4 Meadows Room 235	Main front	•		eat	Outside	•	
5/6 Kelly Room 222	Main front	•		eat	Outside	•	
5/6 Copeland Room 208	Main front	•		eat	Outside	•	
5/6 Keilback Room 217	Northeast		•	outside	Eat		•
5/6 McDougald Room 218	Northeast		•	outside	eat		•
7/8 Lyttle Room 124	South 3	•		outside	eat		•
7/8 Beg Room 212	Northeast		•	outside	eat		•
7/8 Lloyd Room 125	South 3	•		eat	outside	•	
7/8 Wyzlic Room 213	Northeast		•	eat	outside	•	

### **Bell Schedule and Routines**

Classes begin at 8:45 a.m. We ask that students arrive as close to that time as possible. Staff outside will help them line up at their designated door. Class ends at 3:20 p.m. Students will leave through their designated doors.

All lunch program students will eat lunch in their classrooms. Students who return home are to return from lunch as close as possible to the start of afternoon classes.

### **Timetable Framework**

8:40 a.m.	First Bell Rings - Students are welcomed into the school
8:45 a.m.	Second Bell Rings - Students settle into their classrooms and day begins
9:45 – 10:00 a.m.	Staggered Recess - Group #1
10:15 – 10:30 a.m.	Staggered Recess - Group #2
11:30 a.m. – 12:30 p.m.	Lunch
12:30 p.m.	First Bell Rings - Students are welcomed into the school
12:35 p.m.	Second Bell Rings - The afternoon begins
1:35 p.m. – 1:50 p.m.	Staggered Recess - Group #1
2:05 p.m. – 2:20 p.m.	Staggered Recess - Group #2
3:20 p.m.	Dismissal

Maryland Park Designated Recess Space

S

7/8 Lloyd ( 1)	5/6 Keilback (2)	4 Patsack (1)	3 Conroy (2)	1 Carriere (2)
7/8 Beg (2)	5/6 Kelly (1)	4 Gray (2)	3 Askham (1)	

7/8 Wyzlic (2)	5/6 McDougald – Jones (2)	4 Meadows (1)	3 Salmon (2)	1 Forster (2)
7/8 Lyttle (1)	5/6 Copeland (1)			

E

Recess

Group 1 is outside: 9:45, 12:00, and 1:35

Group 2 is outside: 10:15, 11:30, and 2:05

W

2 Kinney – Group 1

2 Laluk - Group 1

2 Bowslaugh – Group 2

PLAY  
STRUCTURE  
K-6 Rotation

ASHPHALT  
PAD / PLAY  
AREA

K Morrison - Group 1

K Stewart – Group 2

Maryland Park School

K Rome – Group 1

1 Denbow – Group 2

Front Entrance

N

### Entrance and Exit Plan

Students will use the same entry and exit doors throughout the day. The doors will be clearly marked to help students remember their access points.

Creativity (Rainbow) – Main Front Doors

Classes: Ms. Bowslaugh, Ms. Kinney, Ms. Laluk, Ms. Meadows, and Ms. Copeland

Innovation (Blue) – South Doors #1

Classes: Ms. Askham, Ms. Conroy, Ms. Gray, Ms. Patsack, and Mr. Salmon

Kindness (Red) – East Door

Classes: Ms. Denbow, Ms. Morrison, Ms. Rome, and Ms. Stewart

Perseverance (Yellow) – South Doors #2

Classes: Ms. Forster, and Ms. Carriere

Respect (Green) – South Doors #3

Classes: Ms. Lyttle and Ms. Lloyd

Courage (Purple) – Northwest Doors

Classes: Mr. Wyzlic, Mr. Beg, Ms. Keilback, and Ms. Jones

### Patrols

We are in the process of working with Brandon City Police and the City of Brandon to finalize student crossings and ensuring that we have supportive signage in place. We now have patrols operating daily from 8:25 – 8:40 and 3:15 to 3:40. BPS and Maryland park staff are supporting this transition as well. The 9<sup>th</sup> Street traffic circle, parking lot entrance/exit, and the McLeod 3 way stop are the patrol locations.

Please take time over the holidays to review how to safely cross the street at those access points depending on your address. It is important that we work together to ensure that students are looking both ways and crossing when it is safe to do so. We will have staff outside to monitor students until we get a patrol plan in place.



### **Class Configurations**

Students at Maryland Park School will be grouped into cohorts to limit exposure and facilitate contact tracing. Updated class seating plans will be submitted to school administration. Any person other than teacher or student will sign in and out of the room.

### **Staff and Student Wellness**

Maryland Park will promote student and staff well-being and to develop a positive sense of community among staff before students return, using the following resources/strategies:

The Brandon School Division has participated in training from the North American Center for Threat Assessment and Trauma Response Guidelines for Re-entry into the School Setting. The training provided the in-depth practical understanding to help prepare school personnel for re-entry into the school community, emphasizing the social and emotional well-being for students and staff.

We recognize that students will have experienced mental health challenges that may require various interventions and supports. During the first weeks of school, our school team will connect with students and families in order to promote and support our students' health, well-being and well-becoming.

- BSD is taking a multi-disciplinary approach and working with community support agencies (Mental Health, Law Enforcement, Child Protection) to share information and match resources to minimize the overall impact of returning to schools.
- All staff members will complete Respect in School training.
- VTRA protocols already exists in BSD schools.
- Universal social-emotional learning curriculum will continue to be offered via classroom instruction, online classroom presentations, pre-recorded sessions.
- Student Services teams are available for consultation with staff members about their student concerns and referral to external community supports if required.
- Transition planning protocols exist at Maryland Park and the processes have been completed (grade to grade and student specific) to ease school re-entry and help maintain a flow to education that has been disrupted by the pandemic.
- Teachers will utilize Social Emotional Learning and Behaviour Intervention Plans.
- Our school will communicate with parents about plans for safety and health measurements that the school will be implementing so that they can talk with their children about what to expect. Staff and parents will educate students about COVID, maintaining social distancing, proper handwashing, etc.
- Staff recognize that children and youth may have mental health conditions, such as anxiety, depression, or substance abuse, which may have been exacerbated by social distancing, including school closure, and may experience symptom escalation on return to school.

- The staff will monitor every student to ensure they are feeling comfortable in school and check for behaviours that are outside the normal baseline. We will provide mental health and social emotional support to any student requiring assistance through the following:
  - make referrals to school counsellors or social worker, if needed;
  - understand that stressed brains cannot learn, therefore, flexibility may be needed for students to utilize the support of the school counsellor or social worker during class time;
  - identify the best way to provide services, including in-person or online, to delay services, or to connect with community services.
  - Access mental health support services adapted for diverse groups and at-risk populations, if needed.
  - Address known sources of distress and extend flexibility when making decisions regarding special education programming, school registrations, or other specific educational programming in the absence to the usual sources of information, including school visits and meetings.
  - Provide opportunities for early identification of learning needs and academic support to ensure that children neither become overwhelmed nor bored in the school setting, as these are frequent antecedents to school refusal and mental health problems.
  - Flexibility in program and/or school enrollment should be provided for children and youth who have transitioned to a new program or school for the 2020-2021 school year.

**Additional Contacts/Resources:**

- Kids Help Phone 1-800-668-6868 or text Connect To 686868.
- Health Links at 1-888-315-9257
- First Nations and Inuit Hope for Wellness Helpline 1-855-242-3310
- Social Story - <https://www.flipsnack.com/KeshetChicago/coronavirus-social-story/full-view.html>
- A comprehensive list of suggested mental health resources for students, educators, and families can be found in the Well-Being and Mental Health Resources document.
  - [https://www.edu.gov.mb.ca/k12/covid/support/rsssn\\_docs/mental\\_health\\_res.pdf](https://www.edu.gov.mb.ca/k12/covid/support/rsssn_docs/mental_health_res.pdf)
  - [https://www.edu.gov.mb.ca/k12/covid/support/rsssn\\_docs/quaranteen.pdf](https://www.edu.gov.mb.ca/k12/covid/support/rsssn_docs/quaranteen.pdf)
  - <https://www.gov.mb.ca/covid19/bewell/virtualtherapy.html>